

Compiled Explorer Series

#30 - Personal Development

(Unedited Transcript)

Martin 00:01

Hello, This is Martin Warren with another explorer tape from the laboratory and the Monroe Institute. The Explorer you hear on this tape GLA is one of our newest explorers, she channels and energy that tells us we may call it echo. A name that echo says will remind us of our word echo. Meaning that which goes out comes back actually likes to represent that thought to us. We truly enjoy conversations with this new non physical friend because of the clear and concise information it shares with us. That allows us as you will hear to cover a lot of ground in any single session. The monitor of the first session you'll hear is Marie Coble, who is herself a seasoned Explorer. Marie begins with a question on the personal development of the individual, and later asks for information on the process of channeling and personal guidance.

Marie 01:01

We've been discussing quite a few subjects. And each one of them, we can go off in many directions. I tend to think the one dealing with the personal development of the individual things most important, do you agree with that?

GLA 01:21

Yes, that is always most important for each individual.

Marie 01:32

Thank you Is as we get on the road to clearing ourselves and expanding their conscience consciousness, we're faced with many new problems. One of the problems is going to differentiate between that which is a normal phenomena and that which is called Magic. Could you explain this place

GLA 01:58

It is all really magic. All of its balance that you consider normal is only that portion that you have been trained to pay attention to. There is much that goes on that you do not recognize I'm not aware of these then become magical, they become miracle because you do not know them well. However, I if you simply become aware of even one more voice within your system, then this will no longer become magical or a miracle and you will see it as something that is normal. Of course fraud happens at the beginning is that there is much doubt, doubt is the one thing that can prevent each individual from going further and hearing more and more doubt is something that is used from your normal or from your everyday kind of awareness in order to not pay pay attention to other things and those that you have been trained to understand.

Doubt is a defensive mechanism to keep order, doubt can be trained to stay away and to allow these new voices this new information to come off.

Marie 04:24

Thank you very much that is clear. I would like your ideas on the attitudes on the earth. so far. Now we we have met you we are experiencing conversation with you and to admit that there are energies such as you on the earth plane automatically brings into focus the possibility of entities or energies entering in that would not be pleasant. Could you differentiate are explained to us what is so called Earthbound energies and possession. What do you talk about this place?

GLA 05:03

Certainly, the so called poses attitude, the person who seemingly has taken in another entity is someone who has disallowed who has abandoned a portion of himself to another energy state. Perhaps it is for instance, someone who has learned that certain thoughts, certain kinds of feelings are not acceptable must be turned away from the thoughts and feelings become an entity abandoned by the individual, at some point the abandoned portions will constantly attempt to reunite with the portion that they see as their leader. And when this happens, the person then experiences picking up or harboring something that is foreign. However, this is not foreign, but simply that which has been previously abandoned. This is one such example. And is the type of thing that happens most frequently, there are those also that have voices, these voices may tell them that they must kill themselves for instance, again, this is a portion of the personality that is denied union with the whole and because this tends to be very often those responses and involve that field with anger, these then come back and want to be reunited and so will tell the entity to kill themselves. This is the major portion of what is called pause session.

Marie 07:46

Thank you, if if then an individual finds oneself thinking detrimental thoughts, then they should look for this within themselves rather than think that they are being possessed by quote an outside entity.

GLA 08:07

Yes, within your plane, there is a duality, this is part of the physical they experience all that as long as there is good on the one hand there is anger and bad on the other is also includes fears and repressions and all that that is considered to be negative. These thoughts these feelings flow through one, just as the good feelings flow, the short simply be allowed to flow to stop them at any point to say go away, I do not want you to abandon them is to create a pocket of these negative feelings that will build up and create perhaps in individuals or my private little monster.

Marie 09:18

Do I understand correctly then, in this duality, we are subject to energies such as yourself and such as thoughtforms, Permian. And if that is true, and there's influences Could you elaborate on that and also bring in how we as personalities on the earth plane, influence others physical entities and have them influence us.

GLA 09:53

Energy is always in a movement and is such, the influence that you begin or that another begins continues throughout the universe once the movement has begun. So between individuals, for instance, if you say to your neighbor, that your neighbor does not look very good, it does not appear to be up to par, you giving that individual more permission to perhaps go in the direction, feeling badly. This is one way Oh, you could say to that individual, you are looking well. And that person can choose to take that and who create a feeling of wellness, where their characters have great impact upon the individual as well as upon others. Your world is very much involved with words, you think in words, you put everything together in words, I come here, and the way I communicate with you is within words. These are your structures. This is how you build your world. So that if I need to communicate, this is the method that is the easiest, I'm the one that you recognize more fully. There are other ways of communicating that I can have with you and with this entity, which I do take care of. And that is in ways that do not include words, but include working within probabilities, and utilizing the energies around and in this entity, to create states of awareness that will bring about those things that this entity has decided to contemplate and directions and goals that she wishes to accomplish.

Marie 12:49

Thank you very much, then someone beginning on the payer would it be to their benefit to them place themselves into the most positive areas? If I'm speaking to someone who is not clear, as we don't have our full control? Would that be one way to do it to place yourself in positive atmospheres?

GLA 13:20

Absolutely, that is really showing yourself that you value who you are, and that you deserve and are worthy of being in what is good, what is pleasant what it is that is feeling good for the person. That is an excellent message to give to yourself. It is an excellent remedy when you are feeling badly. When you think that perhaps you're not doing as well as you would like when you bring in those doubts and begin to beat yourselves with those kinds of words. To say well I am worthy and to take yourself off into an environment that tells you that you are good. That is one way if you are not able to control those thoughts and to change your internal environment.

Marie 14:36

I would like to ask you your opinion on methods that have been derived from your only Earth planes about you know for shortcut I think that's the word for it. What do you think your attitude towards subliminal patterns being placed into an individual when they are in the state called sleep? When next which we know is consciousness is not a year

GLA 15:06

such tapes such ways of reaching the individual can be quite helpful except there is a big problem with this and that is the subtle the subliminal message also, that the individual does not have the power to handle this on a conscious basis, this can be very undermining as well and can produce quite the opposite effect depending upon the individual Of course.

Marie 15:54

Yes, thank you. I would like to also ask you as we were on the road to development and when we were fortunate enough to have our guidance speak to us I chose as you are we are curious, there seems to be two distinct methods of this occurring in that in some instances the Explorer is somewhere but is aware of the information in a conscious way. And in other cases, the individual explorers are not aware and have absolutely no memory of the words could you explain this to us

GLA 16:41

choices are choices that the individual makes, it does not depend upon the non physical entity at all, the physical entity might feel that the to stay a way to not hear to not participate in a conscious way means that what happens the transmission for instance, has more validity than when the individual stays around, to hear and to take in consciously what is happening, it is simply a way for the person to be more accepting of what is occurring. So that if they indeed not there, then what is happening is perhaps more real for them, because they can separate the non physical entity from themselves.

Marie 17:59

I would like to ask one question on when a channel is has no conscious memory of it. And the guidance has given much information is this a type of subliminal information being given to the channel

GLA 18:23

This can be perceived in that fashion, because the entity who remains as the channel certainly benefits on a non conscious way of working with the transmission, you can see this as limit the individual then has a particular view of their own power, the power and ability of the conscious this. So this may be perceived in this way.

Marie 19:08

Thank you, I would like to use jury advice on say a channel who has no conscious memory and then becomes fearful of what is taking place. What would you have any idea as to what would be the cause of him desiring to do with having no memory of it? And then having a theory of

GLA 19:36

the reason for the fear would be that what is happening is somehow foreign that it is an invasion and is not about the individual. All entities do have non physical persons and help from The non physical realm and this is quite natural, however, an individual who prefers not to have a memory sees themselves as closed and not open at all to what is non physical, this person, what are they know when beginning to channel, when beginning to receive information, it would be a foreign saw something from outside and therefore, some thing that could harm that person, then fear takes place and then the body itself would take this on and problems, what automatically and to

Marie 21:01

do you have any suggestions as to what an individual in this position, what steps that they could take, to work this problem out,

GLA 21:13

the first step would be for this person to begin to see himself as open to the universe to feel the energy flow through the entire body, that this is a normal process, and that it is feels very good, once this begins and once the person becomes more aware of energy flowing through, not only when this person concentrates in this, but also in other times, then then the forum aspect will not be quite so strong and the individual will be able to visualize and to create the ability for this non physical experience to come in and flow through and just as the energy does,

Marie 22:31

when we find yourself on the path and we have found their guidance and begin to receive instructions from that source, could you tell us then in the road to growth, what we have to look forward to?

GLA 22:53

Yes, indeed, there is much to look forward to the ability to take on your world more and more to create on a conscious level those attitudes, those physical times are realities, this is what you can look forward to, to be more of a co creator to be much more aware of what it is that you desire to have before you this for each individual is of course quite different. However, the abilities are all latent, and now becoming more excited by the developments of the joining of physical and non physical energies.

Marie 24:08

Thank you very much. That would denote a change in within the physical, mental and all the bodies of the individual.

GLA 24:24

Yes, indeed, this would be felled on all planes on the physical, the mental, the emotional, the psychological, and all levels you will then be working in a very conscious way to develop those attitudes, those physical realities and those psychological states that you so

Marie 25:03

Do you guide your your subjects? No, you're with them with her constantly. In certain manners, you give guidance now that you're able to communicate in this sense, do you have any special words are intense that you would like to give to your channel at this time,

GLA 25:32

I would like to put into words that indeed her desire and intend to be conscious about creating her reality is coming under that they are going to be some demonstrations very shortly that she is in the process of working on planning now within her dream states that I wish to make known to her that there are so many exciting and wonderful things that she is working on and will soon make their appearance in physical reality.

Marie 26:33

Thank you, I know she's glad to hear that. in there, again, search for guidance. We know we're all on different rings of the ladder moving up. What should our goal be when we're in the middle and we look at our other brothers and sisters on both sides of a switch hitter, attitude and intentions be

GLA 27:07

those that appear to be a bit more developed than you and you see them and desire to be similar to them. Do not say to yourself, oh I love that idea, dear me, instead say yes, yes, that is for me, I too am going to do this for those that are on a level that is perhaps not as developed as your your say to them, yes, you shall to develop you will it is inevitable and I encourage you to continue your wonderful work.

Marie 28:01

Thank you very much we Is it possible for us to visualize a world and or every individual is quote a journal.

GLA 28:16

This well, somebody may be quite the ordinary, that each individual will be quite aware and in constant communication with their physical reality as well as with the physical this will simply be tore down will be accepted as part of everyday life. This is tends to be the direction on which the evolutionary process is now taking and the beginning it's leap.

Marie 29:04

Thank you that really sounds encouraging. Could you give us some visual images on what it would be like to be in a world where everyone was in touch with their guidance and with the unseen world.

GLA 29:28

This will be daddy did from from module experience because communication will be on levels other than only in words. You will be communicating with each other on a basis that has something more to do with what you now call verbal communication will be more direct and well be the kind of communication that groups of people will come to gather who have similar intentions. We'll work on projects together, this does not mean that they will be together, perhaps in space, but we'll work together in a non physical realm. However, be quite aware of this on a physical level to produce new technologies in curing diseases and curing and helping the planet regain its healthy state. These will be the most powerful ways also the development of news sources of energy through minerals and the understanding of sound waves will be a important and everyday part of existence, it will be quite different from the way that you now experience yourself as being totally distinct them as separate

Marie 31:47

in this world already speak of coming into being Is there anything we can do to hurry that along? In other words, how is the inflammation or the technology given to us? How do we go about tapping into that and getting it started and getting it here now,

GLA 32:13

it is all in process, that this time the individuals who will be discovering so cold these new technologies are now in the process of joining the physical consciousness with the non physical and through the process of intuition, creativity and the work with others and becoming aware that do these things will automatically happen, the process is in order it is taking place, there will be some changes that perhaps are not so pleasant as a birth type of process. However, it is all coming together as you say and please do not be so impatient. You are developing that which you will need first.

Marie 33:38

Thank you very much. Yes, we do tend to become a little impatient, but adjust your knowledge of knowing that it's there is very helpful.

GLA 33:52

Oh yes, indeed it is all taking place. So you are eagerly reaching out for new knowledge it is happening and it is at a pace that is quite good. And it shall continue.

Marie 34:14

Thank you very much. Your discussion today on the channeling and personal development has been most helpful within these areas we've been discussing, would you like to do some up any attitudes or feelings on the subject?

GLA 34:37

The thing that I believe I wish to speak to at this moment is the subject of patients. It also goes along with the feeling of well being and with the idea and fee feeling of love to love yourself, you are exactly where you are supposed to be this very moment. And do not think yourself less or that you are not where you are supposed to be indeed not love yourself now you are exactly what you are supposed to be.

Marie 35:30

Thank you that that helps all of us. It's been the most interesting discussion, and we do hope that we'll be able to continue this. It's time now for explorer to come back. Unless you have something else to tell us. We'll say goodbye.

GLA 35:52

I look forward to next conversation. And until then, goodbye.

Marie 36:02

Thank you and goodbye.

Martin 36:11

In another session with actually two days later, I begin with a line of questions on individual development, leading to some practical exercises for the individual. That conversation begins on the other side of this tape. I've been thinking in terms of our individual development, which you spoke so well about yesterday. We each of us, in our ways, are trying consciously to create a world according to our own best desires and intent are manifesting changes. And this can you speak to this in terms of the the concept of time when we pray for we're talking about the future. And when we pattern with our consciousness, we're talking about the future? What is our relationship to this ability that we feel is within our grasp to learn and understand

GLA 37:22

the future is available in this very moment, it is always so so is the past, always available in this moment we practice is a spell there's a fountain out of the moment, and it goes out into what is experienced as a time flow out into the future.

Martin 38:06

Are there certain forms of this that are more effective or more suitable to our present? intellectual and mental state?

GLA 38:22

This is always the case, the individual with the intent and desire whether clear or not, creates the moment as well as the direction for the future from this moment now.

Martin 38:49

Okay, and one of the problems to my mind, in the present stage of development. Is that to create my future would involve mine knowing what I want the future to be. Is that seems like it wouldn't be that and I don't know really what I want it to be. I don't think I understand enough of the big picture to put forms on tomorrow. But I want tomorrow to be something I have this desire to shape tomorrow for healing and happiness of myself and everybody else. How can we best put that sort of thing into our daily lives as we walk around in practical affairs and things like that?

GLA 39:43

emails, the effective way of bringing those things you most desire is to hold them within your mind and to try To them with feeling, the overall ideas such as laws such as healing is that you mentioned excellent ones to hold within your frame of consciousness, and to add to this your desire for this to occur, the emotional responses the energy you give to your direction, and then please take place if you so desire to experience something that is not quite so pleasant, for instance, if you wish to have rather anxious, a pleasant day, the following day, it is quite within your power to hold on to negative ideas, perhaps about a relationship, and then to fire this with fear and worry and anxiety. And this you shall so create for yourself on the following day.

Martin 41:31

Do you prefer from where you see us? In your understanding? Can you talk about the causes or the reasons why it is so hard for many individuals to release all of their fears and doubts. So that when they are practicing, accepting what you've said and believing it as I do, and if I want to help another understand and believe it is there any way we can help remove the doubts from those who seek to to understand as you do, and as you're teaching us to do,

GLA 42:13

each individual has their own level, complement supply, shall we say, of their fears and doubts, and such negative ideas and feelings. And each one of these must be worked out must be wrestled with by the individual. It is only in this fashion, that then the the fear or the doubt begins to change. The individual cannot rely on any other individually to remove such things it must be done within one zone. So

Martin 43:13

that's very, very good for us to I think too, for me to have an affirm understanding. We have we have had encountered many problems in our in our desires to make a better future we've encountered lots of problems in ourselves of thinking that we know best what is good for our brother and therefore trying to influence him in some way to be this way or that way instead of some other way. You don't have a quick easy formula for us to say magic mantra to get rid of that bugaboo and ourselves and thinking we know what's good for the other person.

GLA 44:00

It seems that it is always easier to see what would work best for another vision is not so clouded by needs and desires and all the old patterns that are around. However, there is really no way of influencing another except through the channels and the process of energy that includes accepting and loving that individual without condition. That is really the most spectacular way of making the that influence felt.

Martin 44:57

So very, very clear statement. Have it and sharpens my clarity about it, I appreciate that you have seemed to have some understanding of aspective energy, the non physical aspects that move and become available in our personality and our intellect. is this so?

GLA 45:23

Yes, I am aware of such.

Martin 45:29

I was wondering if there's a way for us to learn as we look at our own aspects, our individual selves, the aspects that are attached to our individuality, is there a method of looking at them a way in which we can identify one of those aspects to become the, like the head, Butler or the person in charge of the whole household, so that the individuals consciousness can be free from all the practical details of trying to muck around in this physical place.

GLA 46:08

The most effective way of being the leader of the self in cluding, no possible aspects is the individual portion of the personality that says, I love you all, you are all equal, you are all God, I love you all. This brings all of the aspects or portions of the personality drawn into receiving

this love. And then we're learning reveal themselves to the personality. Without fear. The trustees automatically their love is indeed the main, the most beneficial, the most practical way of achieving anything you desire.

Martin 47:16

Oh, right. And it wouldn't be helpful in this sort of work with ourselves. Having having identified and put in place and aspect of total loving and all of those attributes you described, well, is it helpful to, for us to assign a name to that aspect for ourselves and an identity that we can talk with, in a way I'm saying that take care of everybody and can we create that kind of communication with a chief aspect of ourselves

GLA 47:59

that is a possibility. However, I do not suggest that that be the primary way of taking care of this type of situation, you describe this love, this generation of energy is best suited to your everyday conscious there's to the portion of you that is in the most control at any given time.

Martin 48:37

And with this be the, the, the aspect that we would, would fit when we think of our own identity if I think I am as I walk around in my grounded condition and say Who am I I am Martin that's my identity. But I'm wondering if there's if there is a discrimination to be made between one zone center consciousness, central consciousness of identity, the I am and the or the aspects that take care of our dealing with the illusions of the physical world around us that seem to be so solid and so limiting.

GLA 49:26

The I Am that I Am is the portion of the cells that is the most responsible for the entire person, both physical and non physical. Everything is mediated just through I Am that I Am. This is control Central, shall we say?

Martin 50:02

Well, Ryan, and again, this is clear statement is I've ever encountered that it makes it helps me to understand it in a better newer way into the man back to the manifestation topic, we were talking about the shaping of tomorrow. We so many of us are focused on the material world and are learning that that's all right to and we're focused on wanting manifested abundance of material things and you know, the money and the support and the security that leaves us free to feel free to be free. Is there any, any way you can help us of helping ourselves to move in a sense of abundance and strength as of materiality, as we move in materiality?

GLA 51:04

Indeed, there has been for a very long time a perception that there is a limit limited a mound of what is physical, just as there is perception, that there is a limited amount of what is spiritual or limited the amount of energy. However, this is not the case at all, there is no limits here. It is only an expansion and a perception. The idea that these I are two have in limited or abundance is quite acceptable. It is very well to hold that idea for all involved, that there is plenty around for everyone know that everyone can indeed live in abundance. For that is truly the case.

Martin 52:22

This kind of news and information has so welcome to all of us. It seems so easy for you to see. And we all want so much to see it as easily for ourselves in our everyday lives.

GLA 52:51

You have little ideas that you have all around you about what it is to live, what is reality, what it is that you can have these ideas you have stored away ever since through the game, my physical, the ideas that your parents, the people that were your peers, as a youngster, are all involved here as well. So that you are limited only by what you have stored.

Martin 53:38

And this is a process of unloading all cleaning out all the stored memories.

GLA 53:48

It is always best to think of these now so much as a cleaning out and not so much as a difficult process. But these are all things that one can play with these little gifts that you have that make life very interesting. Look at them and love them. They give you much pleasure.

Martin 54:19

We are no we're sharpening up our abilities to see the power of thought and the power of mind. as we as we see that physical laws don't apply in an absolute sense as we thought they did. And we learn how to walk on fire and we learn how to bend metal with our with our thoughts. And we want to learn more which we're learning fast also in the healing area of looking into the ailments of the body and the disease entities. And so forth and seeing that they are also susceptible to our thoughts that created by our thoughts and can be managed by our thoughts. There's an elements in our end that we do not know quite how to extend into that we're attracted to such as control of space and time. Do you have any thoughts on that?

GLA 55:27

space and the movement of material through spaces, what creates the concept, what creates the experience of time to days and experiment that you might try that would expand your experience of what time is and how you can manipulate it. If you take a clock and put it in front

of you, if it has a a minute, relax and send your consciousness elsewhere, perhaps somewhere that you are very comfortable in while you are there and comfortable, then calmly open your eyes and look at the clock, you will discover that time has stopped that the minute time moves very slowly or perfectly move moves Not at all, the time that you are away is stopped.

Martin 57:00

Yes, this would apply to the second sweep second hand as well, I would think right?

57:07

Yes.

Martin 57:09

That's that we will certainly experiment with our own selves in this beginning way, is very helpful. The slowing of process processor use is an important one to many of us. And the also the speeding up of processes to others of us becomes important. And I'm hearing that we can gain some control over this in the processes of life called aging are degeneration, that we those processes may be reversible, as well as any other phenomena.

GLA 57:56

Yes, indeed, they are. This is truly a challenge you have marked out for yourself, the cells within one's body hold on to memories, they remember what you believe aging is all about. If it is in a particular manner, they will follow your instructions. And various points in your body will have stored such appropriate memories to discharge certain substances at the appropriate time and to stop others. This is a process to have been involved with since you began your physical journey.

Martin 58:58

Yes, I understand that. We should have no doubt that we understand and no doubt that we know because we've already demonstrated that we're doing what what you used to describe that we're in control of these processes, consciously or unconsciously all the time.

GLA 59:22

Yes, this is the case no if you wish to change this, then you must seek out an idea that you hold and listen to prevent a child for instance, about what aging is. If you become acquainted or re acquainted with this idea, you will find that you will have audit in a particular place within your body. And if you find it there, you may coax it out, you may coke your sales to release it that it is no longer necessary that they have done their duty and it is time to change their job.

Martin 1:00:32

Is there any clue that we would have a recognition factor, though of how we would locate the specific area of the body? Maybe a different area for each individual? Or is it the same,

GLA 1:00:48

able to be different for each person, one technique to handle this for Derby to sit very comfortably and to put yourself into a trance state? And to begin to ask yourself a particular a specific question about a physical symptom or an idea that you wish to follow and ask that idea where that idea is in your body at that it signal your that it It shows or in some fashion or left, you know, then you can now begin working really seeing that portion through a massage is a very gold technique.

Martin 1:01:58

This can be self massage, I would assume as well as others if you can't reach the area yourself.

GLA 1:02:08

Yes, it is. For some people, they will be better off again, with someone else doing the massage. Oh, it is quite possible for you with specially especially in an altered state of trance state perhaps to make this release yourself.

Martin 1:02:36

Thank you. So you always offer options that are feasible. We bless you for that. We wondered if you could comment a little bit about the message that we've been seeming to get here and to keep focused on on may express in about three ways to stay focused on spontaneity within the present moment, and to keep focused on total trust in the process, which would result in in the state of mind on our part of allowing everything, everything allowing everything to be as it is. That sums up kind of a goal focus I've been hearing, can you comment about it?

GLA 1:03:32

Yes, indeed, they are very important elements of the creation of every moment. There is the spontaneity that is quite to the factor that is involved with every moment then this creation, things not plan. According to all those involved at the moment of creation and trust is in a central portion of living and experiencing the feeling of the the fate of the desire the actual being of well being of love within this physical universe as well as in the non physical.

Martin 1:04:51

Thank you. That's very nicely put. And I've seemed to me that that any individual who desires Then join this kind of condition and state that you describe. Anyone can do it who is totally, almost totally free from fear. And from doubt and from judgment. Those three things any of

them are present, it seems to me they block an individual's ability to join the stream of evolution.

GLA 1:05:32

Three things, always great barriers when creating any given moment, any given time more relationship or any kind of energy building, the judgment is quite detrimental to bringing about anything more than what is currently acceptable ideas very much always in a process, so that the freedom to change ideas to allow them to change and fold is exceptionally an important process.

Martin 1:06:37

Now, again, I thank you for your answers. They are heartening and affirming. We, we, we don't wish to bring this to an end. But we have a back to back appointment with another Explorer. And our time span is running, running low. Do you have a comment to leave us with? between now and the next time? We join with you in our timeframe?

GLA 1:07:11

I have enjoyed tremendously, the conversations, the questions and my answers here. This has been a very rewarding dialogue. I wish to thank both of you for your delightful questions and for helping us develop here. I look forward until when we may do this again.

Martin 1:07:52

Yes, it's a marvelous transaction if you enjoy it. That makes it perfect. We look forward as well. And we'll see you soon talk with you again.

GLA 1:08:06

Indeed, it will be like the blinking of an eye. Oh, good. Bye.

Martin 1:08:13

Good bye. So there you have it. Another small segment that the vast amount of information presented to the institute through the laboratory in a variety of different forms. Please realize that the institute takes no official stance regarding the validity of the metaphysical or philosophical content of any explorer material. Our intent is to share this information with you and allow you to decide for yourself